



शब्द भण्डार



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१. बोट बिरुवा

Plants

बिरुवा	Biruwa	Plant
जरा	Zara	Root
डाँठ	Dath	Stem
पात	Pat	Leaf
फूल	Fool	Flower
फल	Fall	Fruit
बिउ	Biu	Seed

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हाम्रो खाना

Our food

बिउ	Biu	Seed
जाँतो	Jato	Grinder (stone)
पिठो	Pitho	Flour
आगो	Ago	Fire
रोटी	Roti	Bread
मिठो	Mitho	Tasty

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खाना र म

Food and me



च्याटच्याट	Chyat Chyat	Sticky
टलकटलक	Talak talak	Sparkling
रसिलो	Rasilo	Juicy
गुलियो	Guliyo	Sweet
गनायो	Ganayo	Stinky
तितो	Tito	Bitter
सारो	Hard	Saro
मगमग	Yummy smell	Mugmug
गजब	Great	Gajab
अमिलो	Sour	Amilo
तातो	Hot	Piro/Tato
चिसो	Cold	Chiso



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हाम्रो अनुहार

Our face

मिठो	Mitho	Tasty
मुख	Mukha	Mouth
नाक	Nak	Nose
कान	Can	Ear
आँखा	Ankha	Eye
टाउको	Tauko	Head

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हाम्रो जिउ

Our body – jiu

टाउको	Tauko	Head
हात	Hat	Hand
छाती	Chati	Chest
पेट	Pet	Tummy
खुट्टा	Khutta	Leg
म	Ma	Me



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जिउ भित्र

Inside our body – vitra

छाला	Chala	Skin
बोसो	Boso	Fat
मासु	Masu	Muscle
नसा	Nasa	Tendon
हड्डी	Haddi	Bone
नसा	Nasa	Ligament
कुरकुरे हड्डी	Kurkure Haddi	Cartilage

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कृयाकलाप

Action words – kriyakalap

छाला	Chala	Skin
बोसो	Boso	Fat
मासु	Masu	Muscle
नसा	Nasa	Tendon
हड्डी	Haddi	Bone



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हाम्रो परिवार

Our family

परिवार	Pariwar	Family
म	Ma	Me
आफू	Aaphu	Me
बाबा	Baba	Father
आमा(मामु)	Aama	Mom
दीदी	Didi	Elder sister
दाजु	Daju	Elder brother
भाई	Bhai	Younger brother
बहिनी	Bahini	Younger sister

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अन्य परिवारका सदस्य

Other family members

हजुरबुवा	Hajurbuwa	Grandfather
हजुरमुमा	Hajurmuma	Grandmother
मामा माईजु	Mama maiju	Uncle, aunt (mother's side)
काका, काकी	Kaka kaki	Uncle, aunt (father's side)
फूफू वा नीनी	Phupu nini	Aunt (father's sister)
ठूलोबुवा	Thulo buwa	Father's elder brother
ठूलोमुमा	Thulo muma	Kaka's wife or mom's older sister

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रङ

Colors – rung

निलो	Nilo	Blue
पहेँलो	Pahelo	Yellow
रातो	Rato	Red
हरियो	Hariyo	Green
सेतो	Seto	White
सुन्तला	Suntala	Orange
गुलाबी	Gulabi	Pink
प्याजी	Pyaji	Purple
कालो	Kalo	Black





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हाम्रो धर

Our home – ghar

धर	Ghar	Home
छाना	Chana	Roof
ढोका	Dhoka	Door
चोटा	Chota	Attic
आँगन	Angan	Front yard
पिंडी	Pidi	Porch
भ्याल	Jhyal	Window
ढिकी	Dhiki	Husk (outer layer of seed) remover

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हाम्रो वरिपरि

Around us

आकाश	Aakash	Sky
बादल	Badal	Clouds
हिमाल	Himal	Mountains
पहाड	Pahad	Hill
वन	Ban	Forest
खोला	Khola	Brooks
डाँडाँ	Dada	Hil
ताल	Taal	Lake
खेत	Khet	Rice/Fields
बारी	Bari	Fields/Hills
गरा	Gara	Terrace

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ढाड भएका जिवजन्तु – Dhad bhako jeevjantu

Vertebrates like Us



पानीमा बस्ने	Pisces are fish, they live in water
माछा	Macha Fish
पानी र जमीनमा बस्ने	Amphibians live in water+land
भ्यागुता	Bhayguta Frog
सुख्खा जिउ, कमलो अण्डा	Reptiles have dry body and soft eggs
सर्प, छेपारा	Sarpa, Cheparo Snake, lizard
पखेटा भएको वा उड्ने	Aves are birds
चरा	Chara Birds
पेटमा बच्चा पाल्ने, दुध खाउने	Mammals bear young inside the body, others lay eggs, they feed offspring milk
मान्छे, व्हेल, चमेरो	Manche, whale, chamero Humans, whales, bats

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धार्मिक जिवजन्तु

Animals and the Hindu religion – dharma



Steeds of the Gods, Devas, and the Danavs

Gods, Devas, Danav may have their own favorite steeds.

Gods are “almost” immortal but except for Shiva, they end with the universe.

Devas, Danavs, Humans, Animals, Birds are cousins born to the same father.

साँडे

Sande

Ox

Lord Shiva is a God and he is in charge of bringing things to an end, such as trees, animals, worlds, and the universe.

मयूर

Mayur

Peacock

Kumar is one of the greatest teachers, he is also a son of Shiva and the great river of the east, the Ganges.

मूसा, छुचुन्द्रो

Musa, Chuchundro

Mouse, Shrew

Ganesh is the leader of the Shiva Army, the most powerful army in the universe according to eastern Hindu philosophy (gan = army, esh = god). He is the son of Lord Shiva.

गरुड

Garud

Man bird

Bishnu takes care of all living beings. He is a god along with Shiva and Brahma. Garud is half bird and half human. He is pictured with serpents in his mouth.

बाघ

Bagh

Tiger

Durga is the female power. She is ferocious and strong as you can see, she rides the tiger!



उल्लु, कछुवा Ullu, Kachuwa Owl, Tortoise

Laxmi is the goddess of wealth, she is considered the wife of Lord Bishnu. She is sometimes seen riding the powerful owl or the strong tortoise.

राजहंस Rajhans Swan

Saraswati is the goddess of learning. She plays the sitar on her lap holds scriptures and rides on the beautiful swan.

रांगा Ranga Buffalo Yamaraj

Yamaraj is the Deva who lives in Yamalok where the dead are taken. He is also associated with the crow, his messenger; the dog, his guard. We pray to his beloved animals during Tihar to make sure those around us are safe.

हात्ती Hatti Elephant

Indra is the Deva who lives in Amarawati (a place some mistakenly call Heaven because it is so beautiful). Indra is one of the primary gods of the Vedas and the bringer of rain, clouds, and lightning.

Please note that Buddhism, Animism, and indigenous cultures of Nepal have many real and mythical animals that contribute to the mental and spiritual well being of our world.